



Thursday, January 16, 2020 | 8:00 a.m. – 9:30 a.m.
United Way of Denton County (1314 Teasley Ln, Denton, TX 76201)

Agenda

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|-------|--|---------------------|---------|
| I. | Welcome & Consideration of November Minutes | T. Widmer | 5 min. |
| II. | Vote to Approve New Appointee
a. VOTE - Brooke Hambrick, Senator Jane Nelson’s Office | T. Widmer | 2 min. |
| III. | Vote to Amend Bylaws
a. VOTE – Amend Bylaws to include 2-3 seats for Nonprofit/Human Service Organizations | T. Widmer | 5 min. |
| IV. | Vote to Approve New Appointee
a. VOTE – Approve Appointee seat for Our Daily Bread | T. Widmer | 5 min. |
| V. | 2020-2022 DCBHLT Strategic Plan Presentation
a. VOTE – Appointees vote on the approval of the 2020-2022 DCBHLT Strategic Plan | C. Cross/H. Rodgers | 30 min. |
| VI. | Workgroup Updates
<i>See workgroup reports</i>
a. Veterans - Chris Martin
b. Jail Diversion - Captain Doug Lee
c. Child and Family Systems - Dr. Lisa Elliott and Laura Prillwitz
d. Ad Hoc Substance Use Committee – Hope Galloway | | 15 min. |
| VII. | Backbone Support Update
a. Denton County Homelessness Leadership Team Update | C. Cross | 10 min. |
| VIII. | New Business | | |
| IX. | Public Comment | | |
| X. | Adjourn | T. Widmer | |

Next Meeting:
Thursday, March 19, 2020 | 8:00 a.m. to 9:30 a.m. | United Way of Denton County





Denton County Behavioral Health Leadership Team

November 21, 2019

8:00 a.m. – 9:30 a.m.

United Way of Denton County (1314 Teasley Ln, Denton, TX 76201)

Agenda

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|------|---|--------------|---------|
| I. | Welcome | T. Widmer | 5 min. |
| II. | Consideration of Minutes from September meeting. Minutes attached for review.
Terry Widmer requested a motion to approve the September minutes. Dr. Roxanne Del Rio moved to approve the minutes. Dr. Lisa Elliott seconded. September minutes approved. | T. Widmer | 2 min. |
| III. | Vote to Approve New Appointee - Loren Fouch, LCSW, LCDC – Mayhill Hospital, CEO
Terry Widmer requested a motion to approve the appointment of Loren Fouch, CEO of Mayhill Hospital, who could not be present at this meeting. Captain Douglas Lee moved to approve the appointment. The Honorable Bobbie Mitchell seconded. The appointment was approved. | T. Widmer | 2 min. |
| IV. | Denton County MHMR HB-13 Grant Discussion
Pam Gutierrez provided an update on Denton County MHMR’s HB-13 application. DCMHMR will be submitting an HB-13 grant application in the sum of \$800,000 for the purpose of becoming a Certified Community Behavioral Health Clinic (CCBHC) and will need 11-13 case coordinators to fulfill this requirement. Other CCBHC are already in place within MHMR and HB-13 funding will the gap in remaining requirements. They currently offer limited substance use treatment and only have one Licensed Chemical Dependency Counselor on staff, but are exploring opportunities to begin an outpatient substance use program and contracting with Solutions of North Texas to provide the detox component. Approximately 53% of persons served by DCMHMR are impacted by a dual diagnosis of both substance us and a mental health condition. DCMHMR will also be applying for the SAHSMA grant. Both applications are due in December 2019 and will need letters of recommendation from the DCBHLT. | P. Gutierrez | 5 min. |
| V. | Presentation: Here For Texas Grant Halliburton Foundation
Blanca Garcia, Here For Texas’ Director of Mental Health Resources, provided a presentation on Here For Texas, a non-profit in Dallas focused on mental health, suicide prevention, and community outreach aimed at starting conversations surrounding mental health. Here For Texas is a searchable mental health resource database, www.herefortexas.com , that seeks to bring available resources to a central online location. The database currently targets 7 counties and is taking steps to better target Denton County. Here For Texas has dedicated staff that engage in community fairs to identify resources. A | B. Garcia | 20 min. |



mental health navigation phoneline was launched in January 2019. Trained Mental Health Navigator volunteers operate the phoneline Monday-Friday and assist in navigating local mental health resources, considering insurance, client needs and conducting follow ups every few weeks as need at no cost to the caller. The phoneline is focused on children, youth and teens but is open to all ages and is committed to identifying low or no-cost resources when necessary. Denton County accounts for the fourth largest volume in phone calls. Here For Texas is currently working on identifying more free mental health support groups.

VI. Workgroup Updates

See workgroup reports

15 min.

a. Veterans - Chris Martin

Hope Rodgers provided a Veterans workgroup update. The workgroup has finalized its strategic goals and awaits approval from the DCBHLT before moving forward on action items. Workgroup members have identified a need for additional training on available resources for Veterans and their dependents. Upcoming workgroup meetings will feature guest speakers from organizations that provide services available to Veterans related the workgroup's proposed strategic objectives, including Veteran suicide prevention, financial coaching, and resources for aging and isolated Veterans. In November, DCHLT integrated it's Ending Veteran Homelessness by 2020 committee with the Veteran workgroup to leverage each other's strengths and resources. UWDC secured a VA staff member to represent the VA in the Veteran workgroup.

b. Jail Diversion/MH Treatment Court - Captain Doug Lee/Tami Russell

Captain Doug Lee provided a Jail Diversion workgroup update. Workgroup members have begun to refine strategic goals, including shifting the focus of the workgroup to target Intercept 0 (Hospitals, Crisis, Respite, Peer & Community Services) and Intercept 1 (Law Enforcement & Emergency Services) of the Sequential Intercept Model (SIM). This shift will allow workgroup members to strategically and intentionally address gaps in the Denton County SIM. The workgroup has completed its goals surrounding the Mental Health Court for it's expiring strategic plan.

c. Child and Family Systems - Dr. Lisa Elliott and Laura Prillwitz

Dr. Lisa Elliott and Laura Prillwitz provided a Child and Family Systems (CFS) workgroup update. In October, workgroup members and guests toured the Fannie C. Harris Youth Center in Dallas. The Youth Center provides 24/7 services to youth experiencing literal homelessness, as well as victims of commercial youth sexual exploitation. The CFS workgroup is collaborating with WATCH and the Children's Advocacy Center of Denton County (CACDC) to host a workshop surrounding commercial youth sexual exploitation. The workshop, which will be held on January 10th at the Valley Creek Next Steps Center in Lewisville, will feature speakers from the Office of the Governor, CACDC, and Unbound. Free CEUs will available to social workers, LMFTs, psychologists, and LPCs who attend the workshop as provided by WATCH. More information will



be distributed the DCBHLT when registration and its corresponding flyer is available. Workgroup members continue to identify strategic goals and priorities.

d. Strategic Planning Committee – Hope Rodgers

Hope Rodgers provided a Strategic Planning Committee update. The committee met on November 6th to review proposed Child and Family Systems, Veteran, and Jail Diversion strategic plans prepared with support of workgroup chairs and members. Workgroups are on track to present final strategic plans in January for DCBHLT approval.

VII. Backbone Support Updates C. Cross 15 min.

a. Homelessness Leadership Team Update

Courtney Cross provided a Homelessness Leadership Team update. The Monsignor King Outreach Center (MKOC) has hired an Executive Director and will implement their Enhanced Shelter Model, as well as expand their operating hours to seven nights a week on January 15, 2020. 30-50 beds will be designated to participants enrolled in the Enhanced Shelter Model. Additionally, MKOC will have designated beds for families, persons living with chronic health conditions, and emergency and inclement weather. UWDC is assisting MKOC in developing policies, procedures, and a programmatic models and materials.

The City of Denton recently released an RFP for Rapid Rehousing and an RFP for a mental health street outreach case manager. The Review Committee will announce funding awards and results this week.

UWDC’s HUD Continuum of Care grant, which sustains the Housing Navigator position, as well as increases access to Coordinated Entry in Denton County by creating a Coordinated Entry Specialist position, began on October 1.

Hope Galloway stated she has seen an increase in the number of families experiencing homelessness.

Elizabeth Ferring stated that Our Daily Bread will begin providing dinner in January 2020.

b. HB-13 Update & RFA

Courtney Cross invited discussion regarding UWDC submitting an HB-13 application. If UWDC reappys for HB-13, the application would be scaled back significantly to sustain two QMHPs at approximately \$80,000. Gary Henderson stated that two applications from the same community might be in competition with each other. The group agreed and will prioritize DCMHMR’s application.

VIII. New Business

Terry Widmer invited discussion surrounding the DCBHLT’s role in addressing substance use.



Dr. Roxanne Del Rio stated that substance use impacts many of her students; the DCBHLT should have a substance use workgroup. Dr. Lisa Elliott stated that substance use is an issue amongst both the youth and parents that she sees. Pam Gutierrez stated there is a need for pro-bono services. Gary Henderson stated that there is not another team or entity currently addressing gaps in substance use treatment. Laura Prillwitz stated that, the DCBHLT moves forward with addressing substance use, it must be inclusive of youth.

Hope Galloway stated there is data to support substance use needs in Denton County, and Denton County has a history of working well together and is not in competition. Dr. Matt Richardson stated that addressing substance use may be drifting from the mission of the DCBHLT. Gary Henderson proposed forming an ad hoc workgroup to determine needs and gaps in alignment with MMHPI; workgroup composition should include DCMHMR, ISD and university counseling departments, juvenile justice and hospital systems.

Chief Jerry Garner stated that smaller law enforcement agencies experience a high turnover rate due to the lack of knowledge regarding available community resources. There is a need for resources to divert people from entering jail.

Hope Galloways volunteered to chair the workgroup. Elizabeth Ferring volunteered to serve on this committee.

Terry Widmer requested a motion to approve forming an ad hoc committee to determine needs and gaps surrounding substance use. The Honorable Bobbie Mitchell moved to approve the committee. Dr. Lisa Elliott seconded. The ad hoc substance use committee was approved.

IX. Public Comment

Pam Gutierrez stated that DCMHMR is need of contributions for their Christmas Tree gift adoption, as well as catered meals for their six group homes and CRU. Contact MHMR for additional information or to make a donation.

Guest Ed Cropp provided information on the Denton Depression and Bipolar Support Alliance (DBSA). The DBSA provides free support groups for persons impacted by depression or bipolar disorder. Denton DBSA is an affiliate of the national DBSA; more information can be found at <https://www.dbsalliance.org/>.

X. Adjourn

T. Widmer

Meeting adjourned at 9:14 a.m.

Next Meeting: January 16, 2020 at 8:00 a.m., United Way of Denton County





United Way
of Denton County, Inc.

DCBHLT Workgroup Reports

WORKGROUP NAME: VETERANS WORKGROUP

CHAIR NAME: CHRIS MARTIN

CHAIR CONTACT INFORMATION (EMAIL AND PHONE): C2W2MARTIN@AOL.COM

Meeting Summary (provide meeting date and items discussed during meeting)

The group met on January 9, 2020 to discuss resources that foster financial well-being for Veterans and their dependents, Ending Veteran Homelessness, and workgroup membership. Workgroup members: Chris Martin, Liz Emerson, Nikki Perez Melanie Torres, Terri Donsbach, Michael Hunn, Richard Godoy, Jessica Caskey, Mira Brown, Roy Davenport, Louise Ferrill, Raymond Holder, David Garcia, Airaj Wheed, Paul Jurek, John Czapko

Short Term Action Items

- Identify and build relationships with collaborative partners that could enhance outcomes of strategic goals; recruit new workgroup members and increase member engagement.
- Identify additional training opportunities for workgroup members surrounding strategic goals
- Integrate the Veteran Stand Down After Action Committee with the Veteran Workgroup; invite Committee members to join the Veteran workgroup as participating members
- UWDC to explore the VA's Grant Per Diem NOFA due on March 2nd
- Review HUD Ending Veteran Homelessness Benchmark tool

Accomplishments

- UWDC submitted a TVC grant with support and feedback from workgroup members. The TVC invited UWDC to present its application.

Concerns

- Lack of accessible substance misuse and mental health treatment options in Denton County.
- Lack of incentive for Denton County Veterans to participate in Peer to Peer Support programs and lack of clear programmatic expectations and outcomes. The workgroup is exploring prioritizing substance misuse as a priority subpopulation for Peer to Peer Support programs.

Next Meeting Dates

February 6, 2020 (Denton County Veterans Center)





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DCBHLT Workgroup Reports

WORKGROUP NAME: JAIL DIVERSION/MENTAL HEALTH COURT WORKGROUP

CHAIR NAME: CAPTAIN DOUGLAS LEE

CHAIR CONTACT INFORMATION (EMAIL AND PHONE): DOUGLAS.LEE@DENTONCOUNTY.COM

Meeting Summary (provide meeting date and items discussed during meeting)

The Workgroup met on December 17, 2019 to finalize its strategic plan and discuss community funding needs. Workgroup members: Captain Douglas Lee, Tami Russell, Judge Robin Ramsay, Yvette Crain, Troy Manning, Judge Dave Jahn, Brittney Nolan, Pam Gutierrez, Barry Caver, Chief Daniel Carolla, April McDonough, Cheryl Rayl, Richard Godoy, Dr. Roxanne Del Rio, Daniel Folmer, Armand Hill, Tammy Terrell, Mira Brown, Airaj Waheed, Judge Coby Waddill, Paige Smith, Lieutenant Chris Summitt, Loren Fouch
Attending: Captain Douglas Lee (Chair), Scott Wisenbaker, Jessica Caskey, Tricia Marshall, Hope Rodgers, Loren Fouch, Courtney Cross, Tami Russell, Judge Dave Jahn, Chief Daniel Carolla, Gary Henderson, Terry Widmer

Short Term Action Items

- Conduct 6-month pilot implementation of proposed protocol for Denton County law enforcement engaging with persons experiencing a mental health crisis with Lake Dallas Police Department, Mayhill Hospital, and Denton County MHMR with support from the Denton County Sherriff's Office
 - Members review and provide feedback on proposed protocol for law enforcement officers engaging with individuals experiencing a mental health crisis
- Identify and engage new workgroup members that support new strategic goals
- Review available HB-13 data

Accomplishments

- The Mental Health Treatment Court is pursuing SAMHSA funding for Assisted Outpatient Therapy (AOT) to be modeled after Tarrant County's AOT

Concerns

- 1) Lack of available treatment options for substance use disorder in Denton County

Next Meeting Dates

January 21, 2020



DENTON COUNTY BEHAVIORAL LEADERSHIP TEAM SUMMARY FOR MENTAL HEALTH COURT TREATMENT TEAM WORK GROUP

When first beginning the work group in 2015, the Denton County Mental Health Court had recently begun and looking for participants. The issues that were primary issues for concerns for court participants and others in the Denton community with mental health challenges were as follows:

- Jobs
- Funding
- Housing
- Transportation

The court also was looking how to divert individuals from the jail and into the diversion program.

In the past 4 years the court has partnered with the Texas Workforce Commission Rehabilitative Services to find employment and schooling for court participants. It is a condition of the court that each participant meet and work with a TWCVR case manager (Elliott Sydham). Case manager assists participants with GED, high school diplomas or job training.

The court has not received grant funding but will apply for Governor's Grant in 2020. The court has functioned with funds from donations from the United Way, local residents and other agencies in the community. Denton County is also providing limited funding. All participants of our treatment team are donating their time for staffing and court proceedings.

Housing still remains a concern. The court has been fortunate not to have any situations of homelessness. Most participants are young adults still living with their parents or financially supported by their parents.

Regarding transportation, DCTA agreed for the court to purchase bus passes at a lower rate for consumers.

The court has partnered with MHMR for medication and psychiatric services for indigent consumers. MHMR has also assisted in short term placement for individuals in need of a higher level of care dealing with dual diagnosis. The court has a treatment placement coordinator, Jan Pompei, who has been able to place our dual diagnosis individuals in appropriate treatment when a higher level of care is required. Most of these placements have been out of state and worked well to give consumers a chance to get out of their negative environment. Probation has also worked with the court and assisted in placement of indigent individuals in dual diagnosis facilities associated with probation.

The court has made many strides and met most of their goals in the past 4 years but there is still a need for an increase in active participants and funding. Regarding, active participants, there is still a need to get prospective clients out of the jail and into services quicker. Diverting consumers from the jail and into treatment services offered by the court would be cost effective for the county and jail. MHMR has recently agreed to share their list of inmates they are seeing in the jail that might be screened as prospective participants for the court. Funding is another long term issue. Grant money thru the state was not previously available until this year and therefore will be addressed in the next few months. Funding is needed to assist with treatment, whether counseling or inpatient, medications, training and other programs required by the court.

I have been honored to be a part of this court and chairperson for this work group but I will be retiring at the end of December 2019. Thank you again to all who have supported and assisted the court and it's success.

Regards,
Tami Russell



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DCBHLT Workgroup Reports

WORKGROUP NAME: CHILD AND FAMILY SYSTEMS WORKGROUP

CHAIR NAME: LISA ELLIOTT AND LAURA PRILLWITZ

CHAIR CONTACT INFORMATION (EMAIL AND PHONE): LISA.ELLIOTT@COOKCHILDRENS.ORG (940) 484-4311 AND LAURA.PRILLWITZ@DENTONCOUNTY.COM (940) 349-2455

Meeting Summary (provide meeting date and items discussed during meeting)

The group last met on November 22, 2019 to finalize its strategic goals, prepare for the CSE collaborative workshop, and discuss the Children's Feelings Are a Work of Art youth art contest. Workgroup members: Lisa Elliott, Laura Prillwitz, Kimberly McCary, Amy Lawrence, Monya Crow, Dr. Lisa Pierce, Sadaf Meckfessel, Trish Robinson, Lishawa Jackson, Craig Daugherty, Suzy Gange, Suzann Woodward, Terri Donsbach, Ocean Anombem, Alisa Quimby, Ann Pape, Tasha Moore, Marquis Nuby, Pallavi Baisyat, Dameyon Landrum

Attending: Amy Lawrence, Alisa Quimby, Dr. Lisa Pierce, Laura Prillwitz (co-chair), Dr. Lisa Elliott (co-chair), Pallavi Baisyat, Scott Domingue, Hope Rodgers

Short Term Action Items

- Identify opportunities to begin collecting data surrounding barriers to behavioral health treatment access for children and families in Denton County.
- Work with WATCH to begin planning Children's Feelings Are a Work of Art

Accomplishments

- The CFS workgroup collaborated with WATCH, WATCH's Education Workgroup, and the Children's Advocacy Center of Denton County (CACDC) to host a workshop addressing commercial youth sexual exploitation on January 10th. The workshop was held at Valley Creek's Next Step Center in Lewisville and featured speakers from the Office of the Governor, Unbound, and CACDC, where free CEUs were provided by WATCH for social workers, LPCs, LMFTs, and psychologists. 179 people registered for the event and 125 people attended.
- Workgroup members voted to move forward on collaborating with WATCH to host the Children's Feelings Are a Work of Art youth art contest in May.

Concerns

Next Meeting Dates

January 24, February 28, March 27 (United Way of Denton County)